GET CLEANSE-APPROVED FOOD DELIVERED TO YOUR DOOR with door door

Want an easy, time-saving way to stock up on all the organic fruits, vegetables & other cleanse-approved foods? We've partnered with Door to Door Organics, where you can shop online in minutes & get groceries delivered to your door. You'll save \$10 off your first order, too!

HERE'S HOW IT WORKS:

- Visit **doortodoororganics.com** to see if they deliver to your area.
- Sign up for a subscription with the code "detoxdelivered" to save \$10 off your first order & select an organic produce box size.
- Under My Account, set your Produce Preferences for the items you want, based on the Conscious Cleanse Shopping List & the Foods to Keep Off Your Plate list.
- In the left corner of the home page, customize your box before it's delivered by subbing out produce you don't want for items you do.
- Visit the Shop for more cleanse-approved foods, like grass-fed bison, freerange poultry, cold-water fish, healthy oils, raw nuts and seeds, nut butters, gluten-free grains, legumes, superfoods, beverages & much more.
- Get excited! Soon, Door to Door Organics will bring all this Good Food to your door at no charge for delivery.





WAYS TO MAKE CLEANSING EASIER



To make it simpler to start each day with a green smoothie or juice, find more than 10 recipes for our most

popular green smoothies & juices at the DoortoDoorOrganics.com Kitchen. You can order all the ingredients you need right from any recipe page. Search 'Conscious Cleanse' to find smoothie & juice recipes.

Find these recipes on their sites:



<u>CHICAGO</u>
MICHIGAN
<u>OHIO</u>



You can also shop in minutes for all the inaredients to make cleanse-approved salads, dressings, meals & snacks. Just

search 'Conscious Cleanse' to see all 30 recipes, choose your favorites & shop from the recipe pages to order any items you need. You'll get shopping done guicker than than finding a parking spot at the store!



Shop for any food you need throughout the cleanse & the moment you think of an item

you need, add it to your online shopping list in the Restock section so you don't forget it when you do your shopping.

Questions? Contact our friends at Door to Door Organics at help@doortodoororganics.com.

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